"I Can Do Anything"

Astronaut

Curriculum Overview

* Overview of various careers with the skills needed to excel in each field
* Historical References
* Famous individuals in each career field
* Exercises in skill assessments, self-assessments, research, & writing
Importance of the Curriculum

It is so important that today’s youth know they can be more than athletes, rappers, or singers. By bridging the gap with history, it demonstrates to youth that they can achieve anything. With so many negative images projected to our youth, they need to understand that they come from a legacy of greatness.
Introduction

The "I Can Do Anything" curriculum enables youth to start early exploring various career options. It is important that our youth see value and the full spectrum of what they can achieve. Outcomes of the curriculum are that students will gain valuable insight into the following:

1. **Career Assessments** - Career assessments will enable youth to explore various career options.

2. **Skill Assessments** - Youth will be able to assess themselves through a series of activities such as writing, role playing, etc.

3. **Networking Skills** - Youth will learn the power of networking by interfacing with professional organizations and professionals in various career fields.

4. **Self-Image Skills** - Youth will learn the importance of appearance, self-confidence, and self-esteem.

5. **Life Skills** - Youth will learn skills such as resume writing, interviewing skills, personal finance, budgeting, the importance of good credit, etc.

Details of the Curriculum

An overview of various careers with the skills needed to excel in each field.

**Historical References**

Famous individuals who have excelled in each career field.

Exercises in skill assessments, self-assessments, research, and writing.

Curriculum targets grades 8-12.

Careers

Some of the careers included in "I Can Do Anything" is:

- Mathematician
- Architect
- Astronomer
- Scientist
- Lawyer
- Physician
- Nurse
- Pilot
- Astronaut
- Entrepreneur
- Educator
- Minister
- Inventor
- Dentist
- Writer
- Firefighter
- President of the United States